



Manaltheeram Ayurveda Beach Village

Psoriasis – 14N

At Manaltheeram Ayurveda Beach Village, psoriasis is treated through a time-honoured Ayurvedic framework that focuses on correcting internal imbalances rather than merely alleviating external symptoms. The 14- and 21-night programs begin with a detailed consultation by experienced Vaidyas, who assess each individual's prakriti and doshic disturbances to design a fully personalised treatment plan. Rooted in classical Panchakarma and Shodhana Chikitsa (detoxification), the therapies aim to eliminate accumulated toxins (ama), purify the system, and restore equilibrium within the body.

****** Rates are subject to availability and conversion rates at the time of booking.**



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com



Manaltheeram Ayurveda Beach Village

Psoriasis – 14N

Psoriasis – 14N

Single – Euro 2142

Double – Euro 3591

Psoriasis – 21N:

Single – Euro 3213

Double – Euro 5386

Package Inclusions:

- ✦ Airport Transfer from Trivandrum International Airport
- ✦ Daily 01 Yoga and Meditation session
- ✦ Cultural programme (visual or music)
- ✦ Weekly 01 Ayurveda cooking demonstration
- ✦ Weekly 01 Ayurveda lecture class
- ✦ Ayurveda tour (visits of our herbal garden, Ayurveda shop with our doctor and translator)
- ✦ Language interpreters.

**** Rates are subject to availability and conversion rates at the time of booking.



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com